



LEIGH ESTUARY

7th May, 2020

SMILE NEWS



GROUP NEWS



**FRIDAY
8th MAY**

**VE
DAY**

**75TH
ANNIVERSARY
CELEBRATION**

*Join your neighbours
in a nationwide 'stay
at home' street party!*

Prepare for the day by decorating your house in red, white and blue.

11am
2 minutes silence on your doorstep

3pm
Churchill speech shown on BBC

Then grab your picnic blankets or garden table and head to your front garden for:

4pm
Tea & scones (or coffee & cake)

6pm
Dinner and raise your glass to your neighbours

9pm
Nationwide sing-a-long to 'We'll meet again' with Royal British legion after the Queen's address

Please remember to follow the social distancing rules.

Mary Pudney, Group Contact of the Book Group organised the group to recommend good reads to each other. To lose yourself in a good book is a good way to pass some time.

Stair Climbing

Join our keep fit group at 10 o'clock when each day the group will be up and down the stairs to the music of "I'm Gonna Walk Dem Golden Stairs" by Elvis Presley and "I'll Build a Stairway to Paradise" by George Gershwin. For those without stairs we plan a separate aerobics group that only requires one piece of music - "I will survive". Hope you all join in.

Tommy Cooper quips:

Went to the paper shop - it had blown away.

I went to buy some camouflage trousers the other day but I couldn't find any.

I bought some HP sauce the other day. It's costing me 6p a month for the next 2 years.

I was talking to a bloke recently who said he didn't think I am a true cockney, so I pushed him down the apples and oranges.

Another poem from Dee Gordon - this one won £100 first prize in a *Writers' Forum* competition a few years ago, and may bring back a lost love:

THERE'S ONLY ONE

They say that true love never dies.

True.

But what happens is the head takes over,

So although you know he's the one,

Life gets in the way.

He drives a bit too fast.

He drinks a tad too much.

He says f*** in front of your mum.

He chats up your girlfriends.

He doesn't like your perfume.

So, although he's great in bed,

You think 'Oh, sod it,

Who needs him?'

And say goodbye.

But the problem is –

You need him.

You'll always regret

Moving on,

Getting your life in order,

Marrying respectability.

For the rest of your life,

You'll be looking over your shoulder.

He'll always be the one.

NOT EVERYTHING IS CANCELLED

sunshine is not cancelled
spring is not cancelled
love is not cancelled
relationships are not cancelled
reading is not cancelled
naps are not cancelled
devotion is not cancelled
music is not cancelled
dancing is not cancelled
imagination is not cancelled
kindness is not cancelled
conversations are not cancelled
hope is not cancelled



#keeplookingup
SimpleStencils.com

Smiling Is Infectious by Spike Milligan

Smiling is infectious,
you catch it like the flu,
When someone smiled at me today,
I started smiling too.

I passed around the corner
and someone saw my grin.
When he smiled I realized
I'd passed it on to him.

I thought about that smile,
then I realized its worth.
A single smile, just like mine
could travel round the earth.

So, if you feel a smile begin,
don't leave it undetected.
Let's start an epidemic quick,
and get the world infected!



WARNING

THE FOLLOWING PAGE CONTAINS BLACK HUMOUR ABOUT THE CORONAVIRUS. IF YOU FEEL THAT THIS IS INAPPROPRIATE, THEN PLEASE DO NOT SCROLL DOWN ANY FURTHER.



Mom, why are humans wearing muzzles?

Honey, they are too dumb to learn "sit" and "stay".



My house by the end of self isolation



Quarantine is over

How do we get out?

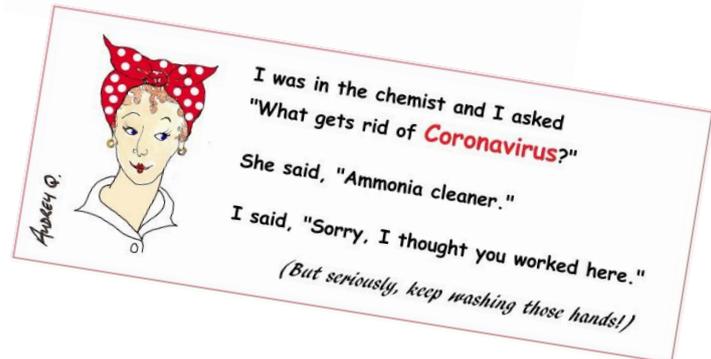


Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom 🤔😂😂



2020 is a unique Leap Year.

It has 29 days in February, 300 days in March and 5 years in April.



I was in the chemist and I asked "What gets rid of **Coronavirus**?"

She said, "Ammonia cleaner."

I said, "Sorry, I thought you worked here."

(But seriously, keep washing those hands!)

*Best wishes,
Ruth and the Team*