

LEIGH ESTUARY U3A INTEREST GROUPS TIMETABLE
 (Please phone/email the Group Contact before joining a group for the first time)

WEEK No.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	News at 10.30am 10.30 am Physics for All 10.30 am Mah Jong 14:00-16:00 Spanish Improvers 14:30-16:00	Psychology 11:00-13:00 East London 14:00-15:45 Transport Group 14:00-16:00	Local Walks 1 10:00-12:00 Local Walks 2 10.30 Petanque 1 10:00-12:00 Table Tennis 2 10:00-11:00 Bridge for Beginners 14:00-16:00 Quirky History 14:30-16:30	Canasta for Improvers 19.00-21.45 Canasta 1 19:30-22:00 Guitar 9:30-12:00 Petanque 2 14.00-16.00	Table Tennis 1 10:00-11:30 Art for Pleasure 13:30-15:30 Canasta 2 13.30-16.00 Creative Writing 1 14:30-16:30
2	Art History 13:30-15:00 Current Affairs 14:00-16:00 Quiz 14:00-16:00 Wine Appreciation 19:30-21:30	Craft 14:00-16:00 Short Mat Bowls 14:00-16:00 Jazz Appreciation 19:30-22:30	Table Tennis 2 10:00-11:00 Contemp. Novels 10:00-11:00 Petanque 1 10:00-12:00 Ukulele 14:00-16:00 Jazz Appreciation 19:30-22:30	Local History 2 14:00-16:00 Petanque 2 14.00-16.00	Table Tennis 1 10:00-11:30 Photography 10:00-12:00 French Conversation 15:00-16:00
3	Maths for Fun 10:00-12:00 Sketching 13:30-15:30 Cryptic Crosswords 15:00-16:00	Family History 10:00-12:00 Gilbert & Sullivan 14:00-16:00 Spanish for Beginners 14:00-16:00	Table Tennis 2 10:00-11:00 Petanque 1 10:00-12:00 Bridge for Beginners 14:00-16:00 Mental Activity Training 14:30-15:30	Guitar 9:30-12:00 <div style="border: 1px solid black; padding: 5px; text-align: center;">Monthly Meeting Leigh Wesley Methodist Church @ 2.30pm (doors open at 2pm)</div> Canasta for Improvers 19.00-21.45	Table Tennis 1 10:00-11:30 Canasta 2 13.30-16.00
4	Current Affairs & General Discussion 10:00-12:00 Play Reading 1 14.00-17.00	Short Mat Bowls 14:00-16:00 Play Reading 2 14:00-16:00 Fashion 14:30-16:30	Table Tennis 2 10:00-11:00 Petanque 1 10:00-12:00 Poetry 10:30-12:00 Wildlife Walks 10:30-12:30 Ukulele 14:00-16:00	Book Group 09:45-11:45 Classical Music App'n 14:00-16:00 Petanque 2 14.00-16.00	Table Tennis 1 10:00-11:30 Philosophy 10:30-12:00 Classics you never read 10:30-12:00 French Conversation 15:00-16:00 Fashion & Fabrics 14:30-16:30
5			Table Tennis 2 10:00-11:00 Petanque 1 10:00-12:00	Guitar 9:30-12:00 Petanque 2 14.00-16.00	Table Tennis 1 10:00-11:30
Other	Folk Dancing Monday (Every 2 weeks) 14:00-15:30 Sunday Lunch 1 Sundays Sunday Lunch 1 Sundays Something on a Sunday Sundays		Lunch Group 1 (Last Wednesday of the month) 12:30-15:30 Computer & Ipad By arrangement variable days Church Visiting variable days Days Out by Coach variable days Discovering Essex 1 & 2 variable days Theatre variable days London Visits 1 & 2 variable days Visiting Gardens 2 variable days Travel variable days Country Walks variable days	Lunch Group 2 (Last Thursday of the month) Cinema films & Live Screenings variable days Discovering Essex 1 variable days	Tap Dancing Friday (Every 2 weeks) 13:30-15:00